

**well done** ★

A huge well done to our Year 6 children for a successful week with their Year 6 SATs!!  
They showed us great resilience and what super efforts.

**Attendance News**

Our school target for attendance is 96%  
The classes that hit the target last week were:

RH- 96.3% RF- 96.3%  
1D- 98.1% 1W- 97% 1E- 96.9%  
2L- 99.2% 2Z- 98.4%  
3FL- 98.5%  
4SS- 97.10%  
5AC- 95.9%  
6AD- 100%  
**Well done!**

**UPCOMING EVENTS**

Monday 20th May	Year 6 Paulton's Park trip
Wednesday 22nd May	Year 2 Scootability (Lions, Zebras & Flamingos)
Thursday 23rd May	Year 2 Scootability (Giraffe) Year 4 Scootability (4ML & 4HT)
Thursday 23rd May	Class photographs
Friday 24th May	Year 4 Scootability (4CM & 4SS) Junior Parent Reading Event
Monday 27th May - Friday 31st May	<b>HALF TERM SCHOOL CLOSED</b>

**Key Information**

- Infant doors will be opening at 8.35am from this week.
- Parent reading will be cancelled this week.
- Please can the Infant children bring in their library book before Friday the 24th May.
- PE kits will go home next friday. Please can parents be reminded to check that their child's PE kit fits them, including shoes, and ensure that it is all named for the new half term.



DON'T FORGET TO VISIT OUR WEBSITE FOR THE MOST UP TO DATE INFORMATION!

[Take me there!](#)

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# Message from Mrs Carlyle



Dear Parents,

This term has flown by and now it truly feels as if we are in the middle of summer term. The sun is shining and the children are enjoying the outside space with friends.

Thank you to the parents of our infant children. This morning, the new routines worked beautifully. The children came in and settled really quickly and have enjoyed the additional reading time.

Take care and have a restful and relaxing half term break.

Take care,  
Mrs Carlyle

## ASSEMBLIES

This week we will be focusing on National Vegetarian week.

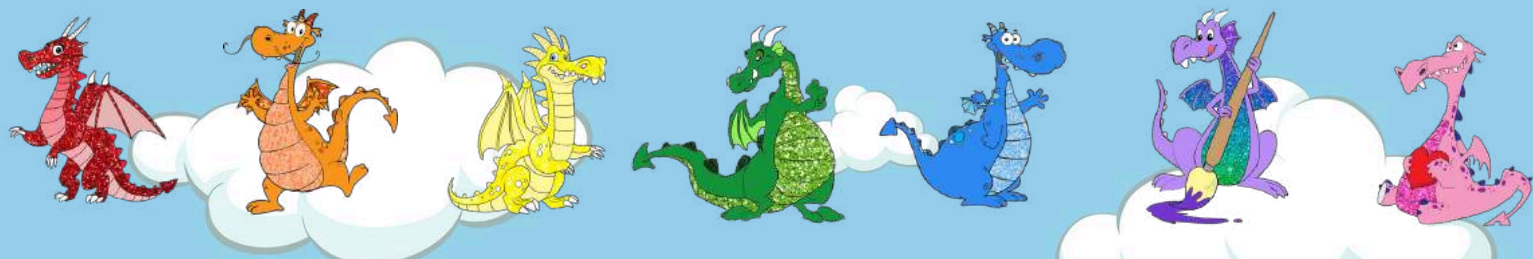
**PARENT READING  
EVENT**

**FOR OUR JUNIOR  
CHILDREN!**

**FRIDAY 24TH MAY**  
**GATES OPEN AT 2:45**

**OLDER JUNIORS JOIN THEIR  
YOUNGER JUNIOR SIBLINGS**




**INFANT CHILDREN TO BE COLLECTED  
AT THE USUAL TIME OF 3:15**



## Infant Value Champions

Hedgehog Class	Ava	Challenge	Felix	Kindness
Squirrel Class	Ivan	Independence	Norah	Challenge
Rabbit Class	Pippa	Responsibility	Bertie	Independence
Fox Class	Adam	Challenge	Isabella	Independence
Koala Class	Charlie	Independence	Aubree	Creativity
Wombat Class	Ivy	Creativity	Thea	Kindness
Emu Class	Monroe	Creativity	Yunus	Kindness
Dingo Class	Adam	Creativity	Finlay	Kindness
Lion Class	Patricia	Responsibility	Daria	Kindness
Flamingo Class	Merlin	Kindness	Abigail	Resilience
Giraffe Class	Karim	Creativity	Taylor	Teamwork
Zebra Class	Matilda L	Creativity	Eden L	Creativity




## Infant Attendance Awards

	Best Class	Year Group
Year R	Hedgehogs	
Year 1	Dingoes	
Year 2	Lions	

# Junior Value Champions

3RW	Aliza K	Responsibility	Charlie W	Responsibility
3HC	Paulina	Independence	Riley T	Teamwork
3FL	Mia W	Kindness	Luna F	Teamwork
3AB	Callum B	Challenge	Mia Rose	Challenge
4ML	Freddie L	Responsibility	Abzalona	Responsibility
4CM	Ava M	Challenge	Emily P	Kindness
4HT	Vienna	Challenge	Charlie	Teamwork
4SS	Alice R	Creativity	Eden W	Resilience
5KM	Joey	Challenge	Renessa	Kindness
5JB	Jazmine	Challenge	Teddy B	Challenge
5AC	Aaron	Challenge	Julian	Challenge
5HW	Victor	Challenge	Aaliyah	Creativity
6TB	Whole Class	Challenge	Whole Class	Resilience
6NC	Whole Class	Challenge	Whole Class	Resilience
6BT	Whole Class	Challenge	Whole Class	Resilience
6AEW	Whole Class	Challenge	Whole Class	Resilience

# Junior Attendance Awards

	Best Class	Year Group
Year 3	3FL	
Year 4	4SS	
Year 5	5AC	
Year 6	6AD	

# Letters to Parents



<b>Whole School</b>	<a href="#">Summer Fete - sign up</a>
<b>Infant Parents</b>	<a href="#">Infant doors - time change</a>
<b>Junior Parents</b>	
<b>Year R</b>	
<b>Year 1</b>	
<b>Year 2</b>	<a href="#">New Year 3 Parent meeting</a>
<b>Year 3</b>	
<b>Year 4</b>	<a href="#">Science Museum trip</a>
<b>Year 5</b>	
<b>Year 6</b>	

**Did you know that with Portsmouth City Council you could be entitled to a Portsmouth Leisure Card?**

**It offers residents discounts of up to 50% at some Portsmouth City Council facilities as well as some other services and attractions.**

**Click [here](#) for more information!**

## FREE SWIMMING FOR UNDER 12S



Free swimming is a local, council supported scheme designed to extend opportunities to swim and maximise the health benefits of swimming. The scheme is for Portsmouth residents, 12 years old and under and gives free access to the following council-run pools in the city.

For more information, click [here](#).

## CHEAP EATING OVER THE HALF TERM:

Read this [article](#) for ideas where children can eat for free or £1 over the half term.



Download our fantastic **free** app today on your device!

# 50

things to do

before you're

# five





## REMINDER

Please remember to bring in your water bottles.

## LOST PROPERTY



INFANT- 21ST MAY AFTER SCHOOL ON THE INFANT PLAYGROUND

JUNIOR- 22ND MAY AFTER SCHOOL JUNIOR SHIP PLAYGROUND

If the lost property is not collected it will be given to charity. This includes lunchboxes. We do not have the space to store the lost property.

**CAN YOU HELP? ★**  
**YEAR 6 PRODUCTION**  
**MATERIAL DONATIONS**  
**SET & PROP DESIGN**  
**STAGING ★**  
**COSTUME**  
**HAIR & MAKE UP**  
**FOR MORE INFORMATION**  
**EMAIL: CONTACT\_CP@KINGSACADEMIES.UK**  
**★ OR SPEAK TO MRS RICHARDSON**

A poster for a Year 6 production. The background is a lush green jungle scene with palm trees and other foliage. The text is written in a glowing, neon-like font. The words "CAN YOU HELP?" are in yellow, while "YEAR 6 PRODUCTION" and "MATERIAL DONATIONS" are in red. The remaining text is in yellow. There are several yellow stars scattered throughout the poster.



# What Parents & Educators Need to Know about SCHOOL AVOIDANCE

School avoidance refers to reduced attendance or non-attendance at school by a child or young person. In 2022-23, more than one in five children in England were found to be absent from school over 10% of the time. This guide focuses on school avoidance with an emotional basis, offering expert mental health advice. However, it's important to remember that school avoidance is a hugely subjective experience which requires a tailored, individual approach.

## UNDERSTANDING SCHOOL AVOIDANCE

### REASONS FOR ABSENCE

School avoidance is sometimes underpinned by several factors rather than one single cause. This could include something going on for the child or young person within the family or at school. A child may have caring responsibilities at home, for instance, or a change in family dynamics; bullying and friendship difficulties at school; pressure to achieve in schoolwork and exams; or moving from primary school to secondary school.

### PATTERNS OF ABSENCE

You may notice patterns in regular absences or children regularly expressing that they don't want to attend school (particularly being reluctant to leave home on school days). If a child or young person is neurodiverse, there is some evidence to suggest there are more aspects of school life which can cause distress – such as changes in the environment, changes of routine and sensory stimuli.

### COMPLAINTS ABOUT PHYSICAL SYMPTOMS

There may be an increase in a child or young person's complaints about physical symptoms, particularly on school days or the evening before school. These could include tummy aches, headaches, or saying they feel ill when there doesn't appear to be a medical cause. Always check with the GP first to rule out medical causes or illness.

## IMPACT OF SCHOOL AVOIDANCE

### LEARNING AND DEVELOPMENT

School refusal can negatively impact a young person's learning and development. Attending school on a regular basis not only supports academic attainment but is also important for the development of key life skills and the growth of children and young people as citizens.

### LONG-TERM OUTCOMES

The difficulties associated with school non-attendance can be far reaching and may have a negative impact on long-term outcomes. It may, for example, lead to reduced future aspirations, poor emotional regulation, mental health difficulties, limited academic progress and restricted employment opportunities.

### CYCLE OF ABSENCE

Consistent absences may contribute to sustained school avoidance over time. Further to this, the longer a pupil is out of education, the more likely it is that there is a rise in their ongoing need to avoid the activity making them anxious – increasing their desire to stay at home.

## Advice for Parents & Educators

### WORK TOGETHER

If there's a concern about a child's absence and emotional wellbeing, it's important that there is clear communication and a consistent approach between the child's parents and the school, so you can take a child-centred approach together towards a plan of support or reintegration. This ensures a consistency of approach from both home and school, creating better outcomes for the child.

### FOLLOW REGULAR ROUTINES

Children can benefit from a regular and consistent routine. This could be a morning routine, from waking up and having breakfast through to getting dressed, packing their bag and leaving the house. A consistent evening routine which is calm and spent away from screens can also give children much needed predictability and familiarity. Schools can help create a timetabled routine for the child's school day, if required.

### MANAGE OVERWHELMING FEELINGS

Acknowledge the child's worries, listen and discuss coping strategies together to help them manage difficulties. These could include mindfulness, deep breathing or going for a walk. This helps them understand that you are working together towards a common goal, and that these strategies can be used when bigger feelings arise.

### RECOGNISE POSITIVE STEPS

Drawing attention to a child's successes – be they big or small – can help to give them some much-needed confidence and motivation. Celebrate these daily victories – such as getting out of bed on time or completing school work – and don't hesitate to let the child know when you're impressed or proud of them. Such an approach can go a long way.

## Meet Our Expert

With 30 years' experience as a teacher, trainer, consultant and interim executive board member, Anna Bateman has a superb understanding of what works in pedagogy, school improvement and leadership. She has also advised the Department for Education on their mental health green paper.



The National College®