

## KING'S ACADEMY COLLEGE PARK





KACP would like to wish all our families a very happy Christmas and new year. We look forward to seeing you in the new year!



There are 5 Santa's hiding in our newsletter, can you find them all?



#### KACP CHOIR

The KACP choir have been busy this term and shared their beautiful singing of Christmas Carols to the local nursing home and also at the Family Church Service.











#### STAFF PANTOMIME

The Infant children enjoyed a spectacular performance by the staff of 'The Wizard of Oz. Thank you Mrs Boiling for organising this.





## Message from Mrs Carlyle



Dear Parents,

What an incredible term. We can sit back and reflect on a term that has had its highs and at times, challenges. Most importantly, we have so much to celebrate.

The children at KACP have worked so hard this term, and so many of them are building resilience and confidence when overcoming personal challenges. It is always wonderful to see how the children 'talk' the dragon values when striving to be the very best that they can be. Their commitment to the 'KACP Way' is a constant wherever they are in the school.

The love for reading across the school has grown and this is reflected in the progress that the children have and are making. The children love to share their love of reading and it is wonderful to see our oldest children reading with our youngest children. Also, I would like to say a big 'Thank You' to you as parents for your constant support when listening to your children read at home and fostering a love of books and reading. Again, this is essential in supporting your children when reading.

The end of term has seen Nativity Performances from Reception and a Pantomime produced by Year 4. Both brought fun and laughter to the staff and parents. Thank you to the children and staff who created the magical moments and importantly, memories to hold onto.

From everyone at King's Academy College Park, have a magical Christmas, and a happy and healthy New Year.

Take care Mrs Carlyle

## ASSEMBLY THEMES AUTUMN 1

These are the themes for our assemblies this term. Week 1- Routines and Expectations Week 2- MHST Self Talk (KS.2) Funkidz (KS.1) Week 3- NSPCC Week 4- Fr. Ben Week 5- Safer Internet Day

Week 6- LGBT+ History Month











Please could we ask for donations of tissues for our classrooms to help beat the germs this winter!

Congratulations

Our Macmillan coffee morning raised £276.19.

> Our Winter Jumper Day raised £370.

We couldn't do it without your support so thank you!





We are delighted to announce that Mrs Richardson is expecting a baby and will be going on maternity leave during

the Spring term

Hargreaves are now supplying our uniform range. They are based in Hilsea and can take orders online.







DON'T FORGET TO VISIT OUR WEBSITE FOR THE MOST **UP TO DATE INFORMATION!** 

Take me there!





**IRIS** 

ParentMail





COOPER IN WOMBAT CLASS DOES TAEKWONDO. RECENTLY, HE WENT THROUGH GRADING AND WAS AWARDED WITH HIS GREEN BELT! TO ACHIEVE THIS, COOPER HAD TO SHOW HIS INSTRUCTORS HIS FORM (PATTERN), ONE STEP SPARRING AND A RANGE OF TECHNIQUES.

**WELL DONE COOPER!** 



AMELIA IN ELEPHANT CLASS WON OUR RECENT PETS IN SOCKS

COMPETITION!



We would welcome any donations of festive jumpers in preparation for next year's jumper sale.

Thank you in advance for your support.





Isla in Year 4 is performing in this years Guildhall pantomime 'The Snow Queen - A Frozen Adventure'. tickets to see the show can be booked on the Portsmouth Guildhall website -

https://www.portsmouthguildhall.or g.uk/whats-on/event/the-snowqueen-a-frozen-adventure/





# SCHOOL TRIPS and EVENTS





#### **BOOKSTORE TRIP**

The winners of this half term's readers raffle loved their trip to Waterstones with Mrs Gaston!







Thank you so much for all the kind donations and making the Christmas lunches so special. A special thanks goes to the Warner Leisure Lakeside Hotel on Hayling Island for their generous donation.









#### PORTSMOUTH GUILDHALL- THE GIDDY GOAT

Some children in Year 2 enjoyed a performance of 'The Giddy Goat' at the Portsmouth Guildhall.







# Small changes, big differences.





## Triple P Primary Parenting Course

Suitable for children aged 4 - 8 yrs

#### WHO IS IT FOR?

Parents or caregivers interested in promoting their child's development and potential or they may have concerns about their child's behavioural problems or simply wish to prevent behaviour problems from developing.

#### WHEN & WHERE?

Tuesday 14th January to 25th February 9:30—12:00

Paulsgrove Family Hub, Cheltenham Road, Portsmouth PO6 3PL

To book a place please send an e-mail to the Parenting inbox at ParentingService@portsmouthcc.gov.uk with your contact details and your child's name and DOB.

#### LIBRARY

Click HERE to find out about activities taking place in Portsmouth Public Libraries over the winter break



## 10 Top Tips for Parents and Educators SAFETY OVER THE FESTIVE SEASO

The holiday season, marked by Christmas and New Year, brings joy and togetherness but also presents unique safety challenges for children, families and educators. From busy holiday shopping, traveling and family gatherings to managing digital activity during school breaks, staying safe during this period requires heightened awareness. This guide offers practical tips to help families and educators maintain a more secure and fulfilling festive period.

## MONITOR DIGITAL ACTIVITY



Children spend more time online during school holidays, increasing exposure to potential dangers such as cyberbullying, inappropriate content and online predators. Balancing screen time, avoiding harmful websites and ensuring children engage positively online can be difficult without proper monitoring tools. Set clear boundaries, encourage open discussions about online safety and use parental controls to manage content exposure and screen time effectively. Regular check-ins and positive reinforcement around digital habits encourage safe online behaviour.

## PRACTICE FIRE SAFETY PROTOCOLS



The incidence of house fires increases during Christmas decorations. Open flames, electrical overloads and the need for quick response plans can make fire safety challenging. Ensure smoke detectors are operational, keep fire extinguishers on hand and teach children how to respond in case of a fire emergency. Avoid leaving cooking unattended and use fire-safe candles to

#### CREATE TRAVEL SAFETY PLANS

More families tend to travel during the holidays resulting in busier roads, increased traffic accidents and weather-related hazards. Weather conditions, road rage, fatigue and busy airports can all compromise travel salety. Pack emergency kits and adhere to seatbelt laws Plan routes in advance and allow extra travel time to avoid rushing and mitigate risks on busy roads

#### **BEWARE OF ALLERGIES**

Holiday meals often involve many foods that may contain allergens. Cross contamination, unclear labelling and lack of allergy-friendly options can lead to severe reactions. Communicate any allergy needs to hosts, provide safe food alternatives and carry necessary medications like antihistamines or EpiPens. Teaching children how to advocate for themselves and recognis dangerous foods also contributes to safer celebrations

## PREVENT THE SPREAD OF ILLNESS



#### Meet Our Expert

James Whelan is a chartered health and safety consultant with 10 years of experience in promoting family and community safety. Specialising in risk assessment and preventative strategies, he has worked with educational institutions, public health agencies and community groups to deliver safety education and training.

## STAY VIGILANT ON THE ROAD

Increased holiday traffic heightens the risk of accidents for both drivers and pedestrians. Distracted driving, pedestrian safety and inclement weather can complicate road safety. Encourage pedestrian safety practices, avoid distracted driving and never drive under the influence.

### MAINTAIN SAFE DECORATIONS



Festive decorations such as Christmas lights and candles can pose electrical, fire and choking hazards if mishandled. Frayed wires, toppling Christmas trees, small ornaments and open flames can be difficult to control, especially in busy households with children. Inspect and maintain decorations, secure Christmas trees, place fragile or small items out of reach and ensure candles are never left unattended. Testing smoke alarms and using flame-retardant decorations can significantly reduce

## SET BOUNDARIES FOR GIFTS



Some toys and gadgets can present choking, sharp-edge or safety risks, particularly for young children. Ensuring that gifts meet safety standards and are age appropriate can be complex with so many options available. Inspect all toys carefully and ensure any tech devices have parental controls. Setting expectations around safe gift use and discarding packaging that poses a risk also helps



Holiday pressures can lead to burnout, which affects both physical and mental health. Overpacked schedules and a lack of downtime can cause stress and fatigue, leading to accidents or poor decision making. Incorporate rest, maintain regular routines and seek support to reduce stress. Encourage activities that promote relaxation to

#### 10 DRINK RESPONSIBLY

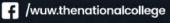


Alcohol is commonly present at holiday events, raising concerns about safety and supervision. Excessive alcohol consumption can lead to accidents, impaired judgment and lack of supervision for children. Designate responsible adults, limit consumption and provide transportation alternatives for guests. Teaching moderation and modelling responsible behaviour in front

**National** College

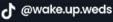
Source: See full reference list on guide page at: https://nationalcollege.com/guides/safety-over-the-festive-season







(O) @wake.up.wednesday





## **Community Hub**



# Portsmouth MHST and Neurodiversity Team Workshop:

## **Neurodiversity and Anxiety**

Come along to two Workshops on:

Tuesday 4th February. 9-11:30
Tuesday 11th February 9-11:30
Kings Academy College Park

The two workshops contain different content.

Please ensure you are able to attend both.

Hopefully, parents/carers will come away with some ideas and skills to help support Neurodiverse young people presenting with anxiety.









#### A message from 'School-cycled'



'Thanks to everyone who's sent us in a collection. It's been another busy month here with 1.88 tonnes received across 162 collections; that's around 3 tonnes of CO2 saved!

I wanted to share a clip of some plastics being recycled here in Hull.

While the clip shows cosmetic waste, it's the same process we use to recycle the bottle caps you send us.

https://www.youtube.com/watch?v=fYFkDnN8110

Our current balance and environmental benefits/savings

KACP Balance: 26,340 earth points

KACP Plastic Recycled: 105kg

KACP Total Bottle caps collected: 35,085

KACP Total Weight Collected: 173kg







## Creating football opportunities for children within Portsmouth and its surrounding areas

Are you looking for a fun way for girls aged 5-11 to get involved with football? The look no further! Mini Moneys is the place to be, everyone is super awesome, from the friends you'll meet to the FA qualified coaches and volunteers who deliver the sessions.

Mini Moneys is a non-competitive football for girls who want to give it a go for the first time or want to play with other girls their own age. Most importantly, Mini Moneys is about having loads of fun and meeting new amazing friends!

Where: King George V Football Complex, PO6 3FZ

When: Tuesdays 5pm til 6 pm Cost: £3 with the first session free

Ages: Year 2 to Year 6

Info: community@moneysfc.co.uk or see QR code

