



KING'S ACADEMY COLLEGE PARK



THANK YOU!



Thank you for attending your child's parent's evening and supporting them in their school journey.

Community Hub



The next meeting will be on the 26th November at 9am and the focus will be career support. 'The Learning Place' will be there to provide support in upskilling adults for Maths, computing and English.



School closed

Inset Days

Friday 25th October
Monday 4th November



REMINDER



Please can you ensure that after school, children do not play in the infant smooza and do not use school equipment e.g. footballs.

Upcoming Events

Year 1 Library visits - Koala - 8th November Emu - 15th November Dingo - 22nd November	
Year 5 Swimming - 5SS - 11th November 5HW - 18th & 25th November	
12th November	Odd Socks Day!
14th November	3HC & 3FL Butser Farm trip
15th November	3JF & 3NJ Butser Farm trip
22nd November	Portsmouth Music Hub - Recording Christmas Song
26th November	9am Community Hub



Christmas Events TBC



DON'T FORGET TO VISIT OUR WEBSITE FOR THE MOST UP TO DATE INFORMATION!

[CLICK HERE](#)

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-US-



Message from Mrs Carlyle



Dear Parent and Carers,

It is so lovely to see the children have settled in so well to their new class routines.

It has been a very busy first half term with the Year 6 residential to the Isle of Wight and Year 4 residential to Marchants Hill. The children had an exciting stay away with lots of different activities planned. A huge thank you to all the children and staff who made the residentials so successful.

Wishing you a restful half term. We will see you all on Tuesday 5th November.

Take care,
Mrs Carlyle



Outside Achievements

Cooper is a Squirrel (Scouts for 4-6 year olds) and recently he got presented with a really special award called the Chief Scout's Acorn Award, which is the highest award that a Squirrel Scout can get!

To earn this he had to complete lots of other badges, well done Cooper!

Please share your achievements to contact.cp@kingsacademies.uk

ASSEMBLIES

Week 1- KACP Way

Week 2- Anti-Bullying Week

Week 3- UK Disability History Month

Week 4- British Values

Week 5- MHST- Managing Worries (Ks.2) Feelings (Ks.1)

Week 6- Father. Ben

Week 7- North End Baptist
Christmas



Congratulations!

Congratulations to Benett in Year 3 for his winning cake for our Macmillan Coffee Morning! Thank you to all the children who entered - we raised a lot of money for an incredible charity!



Thank You

Thank you for all your kind donations. The North End Pantry were overwhelmed by everything they received.





Emotionally Based School Avoidance - Coming up in December

Many parents and carers seek support for their anxious children avoiding school. They're often juggling work and caregiving, feeling deeply worried while their child remains at home.

Our webinars focus on helping young people with Emotionally Based School Avoidance (EBSA). We'll cover what EBSA is, hear from a young person's perspective, explore support strategies, and show how Kooth can offer help.

https://share.hsforms.com/1zn_7zR0kRhOVbkuXx_WcQLAc5dpgg_



School logo fleeces are now available to buy on the Price and Buckland website, priced at £15.50. The fleece is classed as an outside jacket and isn't to be worn to replace a school jumper or cardigan.



NEW LUNCH MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE 04/11/24 25/11/24 16/12/24 20/01/25 10/02/25 10/03/25 31/03/25	Option One: Cheese and tomato pizza with Salad Bar Option Two: Mexican Fajitas with rice Option Three: Jacket potatoes with cheese or beans Vegetables: Vegetables of the day Dessert: Apple and Blackberry crumble with Custard	Meatballs with tomato sauce with rice New Creamy chickpea and coconut curry with rice Jacket Potato with cheese, beans or Tuna Vegetables of the day Melting Moment Biscuits	Roast Chicken with Roast Potatoes and Stuffing with Gravy Lentil and Vegetable roast With roast potatoes and Gravy Jacket potatoes with cheese or beans Vegetables of the day Apple Sponge	BBQ Chicken with diced new potatoes BBQ Quorn with diced new potatoes Jacket Potato with cheese, beans or Tuna Vegetables of the day Lemon Drizzle cake	Fishfingers with Chips and tomato sauce Vegan Sausage rolls with chips and tomato sauce Jacket potatoes with cheese or beans Vegetables of the day Chocolate orange cookie
WEEK TWO 11/11/24 02/12/24 06/01/25 27/01/25 24/02/25 17/03/25	Option One: Cheese and tomato pizza with Garlic Bread Option Two: Vegetable curry and rice Option Three: Jacket potatoes with cheese or beans Vegetables: Vegetables of the day Dessert: Marble sponge and custard	New Chicken Pasta bake with Garlic bread Cheese and Broccoli pasta with Garlic Bread Jacket potatoes with cheese, beans or Tuna Vegetables of the day Jelly with Mandarins	Roast Turkey with roast Potatoes and gravy Vegan Sausage with roast potatoes and gravy Jacket potatoes with cheese or beans Vegetables of the day Cornflake tart	Chicken Tikka Masala with Rice Mild Mexican chilli with rice Jacket potatoes with cheese, beans or Tuna Vegetables of the day Peach cake	Fishfingers with chips and tomato sauce Cheese and tomato Quiche with chips and tomato sauce Jacket potatoes with cheese or beans Vegetables of the day Oaty cookie
WEEK THREE 18/11/24 09/12/24 13/01/25 03/02/25 03/03/25 24/03/25	Option One: Cheese and tomato pizza with Salad Bar Option Two: Classic Plant based balls with tomato Sauce and rice Option Three: Jacket potatoes with cheese or beans Vegetables: Vegetables of the day Dessert: Chocolate brownie	Sausage in a bun with potato wedges Vegan sausage in a bun with potato wedges Jacket potatoes with cheese, beans or Tuna Vegetables of the day Sticky toffee apple crumble with Custard	Roast Chicken with stuffing roast potatoes and gravy Vegetarian cottage pie and gravy Jacket potatoes with cheese or beans Vegetables of the day Mandarin and cinnamon cake	Mild Caribbean chicken with rice and peas Caribbean butterbean stew with rice and peas Jacket potatoes with cheese, beans or Tuna Vegetables of the day Apple flapjack	Battered Fish and chips with tomato sauce Cheese and pepper Omelette with chips and tomato sauce Jacket potatoes with cheese or beans Vegetables of the day Vanilla shortbread

MENU KEY

- Added Plant Power
- Wholemeal
- Vegan
- Lowest Carbon footprint
- Chef's Special

ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

Available Daily: - Freshly cooked jacket potatoes with a choice of fillings - Bread freshly baked on site daily- Daily salad selection

IF YOUR CHILD IS FEELING UNDER THE WEATHER,

IT CAN BE HARD TO KNOW IF YOU SHOULD SEND THEM TO SCHOOL OR NOT.



UNLESS THEY HAVE A TEMPERATURE OF 38 DEGREES OR ABOVE, THEY'RE USUALLY GOOD TO GO.



MOMENTS MATTER, ATTENDANCE COUNTS.

SEARCH NHS SCHOOL ILLNESS GUIDANCE.



Reporting Absence

If your child is too unwell to come to school, please ensure you report their absence via Studybugs no later than **8.30am**.

Studybugs 



In order to maintain accurate records of absences, we kindly request that when reporting your child as unwell, you provide more specific information regarding the nature of the illness or reason for the absence.

[Click here for NHS Guidance on common illnesses](#)



Support for families

- [PCC School Attendance](#)
- [Mental Health support for young people](#)
- [Support for families on Portsmouth Safeguarding Children Partnership](#)
- [School nursing service](#)
- [Family hubs and support for parents](#)
- [Special Educational Needs and Disabilities \(SEND\) support](#)



ATTENDANCE MATTERS KEYS TO **SUCCESS**



SET A ROUTINE

Establish consistent bedtimes and morning routines to make getting to school on time easier



ENCOURAGE A POSITIVE MINDSET

Teach your child the value of perseverance and overcoming daily challenges



COMMUNICATE

Talk to your child about the importance of attendance and staying engaged, even on tough days

EVERY DAY COUNTS

Help your child build resilience and set them up for **SUCCESS** by making school attendance a priority



10 Top Tips for Parents and Educators USING AND REVIEWING PARENTAL CONTROLS

Phones and computers are essential parts of children's lives, but with unfettered internet access comes a multitude of risks. While not foolproof, parental controls can help with this; filtering out inappropriate content, limiting the ability to spend real money, capping screen time and generally making devices safer for young people.

1 KNOW THE TYPES

While parental control software can apply to an entire device, it also pays to know about options on individual apps and websites. TikTok, for example, has Restricted Mode for limiting unsuitable videos, while Snapchat lets you keep an eye on who a child has been talking to. Check the settings of any new app young users want and review your options.

2 COVER ALL DEVICES

Knowing what parental controls cover is crucial, as remaining unaware can run the risk of 'blind spots' in the device's safety measures. Controls on a phone will apply whenever a child's on that device, for instance – but you'll want to ensure that parental controls are set up across any laptops, tablets and potentially other phones, too. Remember, buying a new device may require you to set everything up again.

3 DON'T NEGLECT SHARED TECH

While children often have their own devices, if you have a shared family computer or tablet, for example, you'll need to make sure that's not a weak point in your safety measures. Parental controls for your router, that cover everything connected to your Wi-Fi, are one option – or you can just be thorough with each device and online account. Just ensure that unprotected laptops, phones and tablets are password locked.

4 CONSIDER TIME CONTROLS

Even safe internet content can be harmful if it's viewed in excess. Not only are certain apps addictive enough to distract from other duties, but late-night usage can badly disrupt sleep, which is vital for adolescent brain development. Most parental controls offer some kind of time limit – either blocking access at certain hours or capping the number of minutes it can be used per day – so be sure to consider these.

5 BLOCK APP SPENDING

Seemingly free apps can sometimes include microtransactions: purchases that can be made using real money. While plenty of developers implement these fairly, some companies attempt to manipulate children into paying for additional features or content, which can soon add up to hundreds of pounds if a child gets carried away. Thankfully, iOS and Android's settings allow you to block in-app purchases, preventing any huge bills.

6 NO CONTROLS ARE PERFECT

Parental controls can be very useful, but they're far from infallible. Some unpleasant content can and unfortunately will slip through the net, so remember that setting up these measures isn't a substitute for taking an active interest in young people's digital lives. Talk to them, and make sure they're aware of the risks of the internet as well as its benefits.

7 MIND THE GAPS

There'll undoubtedly be some gaps in parental controls, no matter how thorough you intend to be. For example, if you use router-level parental controls, bear in mind that these won't cover WiFi outside the home. For that reason, it's important to keep an open dialogue with children about the many unpalatable aspects of social media and the web.

8 KEEP THINGS SECURE

Some children can react poorly to parental controls and feel tempted to circumvent them. It's important to ensure that the passwords to these settings remain unknown to children, otherwise they can easily modify the restrictions without you knowing. Similarly, make sure your phone isn't left unlocked and unattended.

9 REVIEW CONTROLS REGULARLY

Parental controls shouldn't be a 'set and forget' deal. Not only can parental summaries provide you with a frequent overview of a child's digital life – to let you spot any warning signs – but companies often add new features, and some of these may be useful to enable (or disable). Regularly checking in ensures that if a child has found a way to wiggle out of the controls, you'll be the first to know.

10 KNOW WHEN TO LET UP

The parental controls you install on a computer for a seven-year-old probably wouldn't be appropriate for a child of 16 – and as young people approach adulthood, bubble wrapping the internet can do more harm than good. Consider relaxing parental controls as children get older, so they can learn to manage the risks of the internet themselves, without so many training wheels.

Meet Our Expert

Alan Martin is an experienced technology journalist and the former deputy editor of technology and internet culture website Alphr. Now freelance, he has contributed articles to publications including *The New Statesman*, *CNET*, *the Evening Standard*, *Wired*, *Rock Paper Shotgun*, *Gizmodo*, *Pocket Gamer*, *Stuff*, *T3*, *PC Pro*, *Macworld*, *TechRadar* and *Trusted Reviews*.



#WakeUpWednesday®

The National College®

SMARTPHONE FREE CHILDHOOD

Take a look at the link below to find out more about this campaign. There is also support on issues around the smartphone.

Dr Jonathan Haidt - the world's leading voice in this space - has called Smartphone Free Childhood movement "the beginning of the global tipping point in the fight back against a phone-based childhood".



FOCUS AUTHOR YEARS 1 & 2!

Now that the holidays are here, take some time to share a book with someone you love.

Why not get a head start and try a book from your next focus author!

OLIVER JEFFERS



Challenge

If you share a book written by Oliver, create something to bring to school. This could be a poster, a picture or a story including the main character.

Give your work to Mrs Kiddell after half term to receive a prize!



INTRODUCING OUR NEW FOCUS AUTHORS FOR AUTUMN 2!

ENJOY A BOOK!

Now that the holidays are here, take some time to settle down and relax with a good book! Why not get a headstart and try a book from your next focus author!

The Challenge

If you read a book by your focus author and bring in a piece of work inspired by that book, you could win a free book written by your author!



Years 3 & 4
Michael Morpurgo



Years 5 & 6
David Almond

Challenge Ideas

Bring your work to Mrs Gaston. You could:

- create a new book cover
- write a book review
- create a comic strip inspired by your book
- create a character description with pictures
- write an alternative ending or a prequel

Or anything else you want to create linked to your author or chosen book!



HALF TERM CLUBS

MONDAY 28TH & THURSDAY 31ST
OCTOBER
9-2PM
COMMUNITY KETTLE
COSHAM, PO6 2PS

HALLOWEEN CRAFTS!
DANCE & PERFORM!
FUN GAMES!
MAKE NEW FRIENDS!

£20 PER DAY
BOTH DAYS
£35

SIBLING DISCOUNT AVAILABLE

LIMITED SPACES AVAILABLE.
BOOK YOUR CHILD'S SPACE NOW TO
AVOID DISAPPOINTMENT!

PURCHASE NOW BY VISITING
WWW.FUNKDDANCE.CO.UK
07700156650



HALF TERM FUN!



Zuko Football & Multi-sports clubs now open for booking!



Portsmouth Museums Autumn/Winter Programme




SPOOKY FUN AT THE KIDS CLUB

Come along in Halloween costumes and get ready for some spooky fun!

TUESDAY 29TH OCTOBER
Frighteningly Fabulous
Halloween Disco Sessions
11am, 1pm & 3pm

THURSDAY 31ST OCTOBER
Silly Scott's Spooktacular Magic Shows 11am, 12.30pm & 2pm
The Creation Station's Horribly Scary Crafts 11am - 4pm

FREE EVENTS

For more information visit WWW.PORTSOLENT.COM or connect with us on social media



HALLOWEEN